

10 Essentials for Hiking

JOURNEY BEGINS HERE



Navigation

Maps/Compass/GPS

Jeremiah 29:11



Sun Protection

Sunglasses/Sunscreen

Psalms 61:7

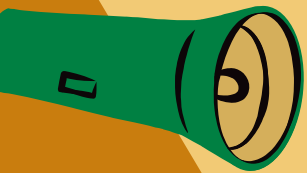
Insulation

Extra Clothing

Isaiah 61:10



Illumination



Headlamp/Flashlight

John 8:12

First Aid

First-aid Supplies

Luke 6:19



10 Essentials for Hiking

JOURNEY BEGINS HERE



Fire Starter

Matches/Lighter

Phillipians 4:19



Repair Kit

Tools/Knife/Tape

Joel 2:25

Nutrition

Extra Food/Snacks

Matthew 14:19



Hydration

Water Bottle

Matthew 5:6



Emergency Shelter

Tent/Emergency Blanket

Psalms 91:1



Restored From Broken Int'l

restoredfrombroken@gmail.com